



October 13, 2015

Welcome to the VDFP NewsFlash! Inside this issue: (click to see full story below)

Division news

1. [Victoria Division Calendar](#)
2. [NEW Mental Health Service - Cognitive Behavioural Therapy \(CBT\) Skills Groups](#)
3. [Save the Date – Substance Use Learning Event](#)
4. [Preparing your Practice for an Emergency or Disaster](#)
5. [The Problem with Forms in GP's Office](#)
6. [Practice Toolkit has been Updated](#)
7. [Inviting Family Physicians to Join the GP Registry](#)
8. [Save the Date - Division Family Holiday Party](#)

News and events

9. [Update for Dr. Bao Tang](#)
10. [Faculty Development Opportunities through Island Medical Program](#)

Get involved

11. [For MOAs – Flu Vaccination Clinic Tips and Tricks](#)
12. [Get Ready to ShakeOut!](#)

Recruitment and retention

13. [Practice Coverage Forms](#)
14. [Permanent and Locum Physician Opportunities](#)
15. [Are you Looking for an MOA?](#)

Reminders

16. [Changes to the way the Division is Providing CME](#)
17. [Drop-in to the Monthly Division PRN Pub Night – Kick-off Wednesday, October 14](#)
18. [CME on the Run 2015 – 2016](#)
19. [Oncology CME Webcasts](#)

20. [COPD Group Learning Session](#)
21. [Two Prime Opportunities for Oncology CME – 10 Mainpro M1 Credits](#)

In every issue

22. [Encourage Your Colleagues to Join the Division](#)
23. [Like us on Facebook!](#)
24. [Seeking Contributions for Next Edition of NewsFlash](#)

Division news

1. Victoria Division Calendar

Click [here](#) to view the division calendar on our website.

2. NEW Mental Health Service - Cognitive Behavioural Therapy (CBT) Skills Groups

The Victoria and South Island Divisions of Family Practice, in collaboration with Shared Care, will be offering an eight-week Cognitive Behavioural Therapy (CBT) Skills Groups for patients who are suffering with mild-moderate or remitted depression and anxiety. CBT is an evidence-based treatment for anxiety or depression. 7-12 groups of 15 patients each are being piloted this fall and in January. The groups are part of a pilot project that fosters collaboration between family medicine and psychiatry, and enables people to access therapeutic support covered by MSP.

To learn more about the program, check out the [whiteboard video](#) or visit the [VDFP website](#).

Download the paper version of the referral form [here](#).

3. Save the Date – Substance Use Learning Event

On **November 3, 2015 from 6-9pm** at the Delta Hotel, Victoria, the first of a series of mental health and substance use learning sessions will be offered to family physicians. Three topics will be explored throughout the evening (Approach to Addiction; Medical Approach to Alcohol; and Opioid Addiction and Agonist Therapy) in a mixed format of formal presentations and small group discussions facilitated by expert family physician or specialist who are sitting at each table. By coming to this event you will leave with:

- practical ideas and approaches to working with patients struggling with substance use
- familiarity with the substance use services in the community
- new connections with local specialists in the substance use field
- increased comfort providing care to patients with substance use problems

Registration and dinner will begin at 5:30pm. Participants will receive 3 Mainpro -M1 credits. An invitation with RSVP information will be emailed shortly.

4. Preparing your Practice for an Emergency or Disaster

The best time to plan for an emergency or disaster is before it happens, but the task of actually preparing a plan can seem daunting. That is why the Division just launched the *Practice Continuity Guide for Family Physicians* to help GPs protect their practices in the event of a disaster or other interruption in operations. Use the guide and companion workbook to create your own plan. Compile the information you will need to take care of your staff, to reopen your office, and to get back to helping your patients as soon as possible.

Access the guide and workbook [here](#) or send us an email to request hard copies (victoria@divisionsbc.ca).

5. The Problem with Forms in GP's Office

Our own Dr. Ian Bekker has created a [five minute video](#) to show how the way family doctors have to replicate paper forms in their EMRs creates inefficiencies in our care system. Commonly used technology is available to vastly improve this situation, there just needs to be unified demand for change. This video is intended to start that change.

6. Practice Toolkit has been Updated

Many offices within the Victoria Division have had great success creating and implementing the practice toolkit to support and improve the processes, workflow, and communication within their offices.

The toolkit template has been updated and is available [here](#). The VDFP practice support team can help you integrate the toolkit in your office. Contact Leslie Rogers-Warnock, MOA & physician support coordinator, at lrogerswarnock@divisionsbc.ca to learn more.

7. Inviting Family Physicians to Join the GP Registry

Thank you to the division members who have already joined the GP registry! We are continuing to accept names of interested physicians. We know you are working hard to improve the quality of primary care for patients and physicians alike. Member physicians have identified access to care as one of the most important challenges to quality. We also know from studies that quality is enhanced when patients have a continuous relationship with their primary care provider. Therefore, we are working to match unattached patients with willing physicians in our community. With your help, **we would like to create a registry of those member physicians who may be willing to take on new patients.**

We want to remind you that the **registry program is completely voluntary** and if you were to consider participating in the GP registry these would be our commitments to you:

- The registry we develop would remain internal to the Division only
- You would have complete control over how many new patients you would take on
- We would respect your limits and not ask you to do more

- We would match you with patients who fit your particular skills and interests
- We would be the referral source that allows you to bill the attachment incentive fees applicable for complex or frail patients
- We would place patients with physician offices near where they work or live
- We would provide assistance and support to those physicians who would like help assessing capacity and improving office workflow

If you would like to participate in helping us identify primary care capacity in Victoria, and/or join the registry, please click [here](#) to complete a brief questionnaire outlining your interests/skills and practice support interests/needs.

You can now also access information about the GP registry through the division website; see the link on the [home page](#) under 'what's new'.

If you have any questions regarding the GP registry, please don't hesitate to contact Valerie Houghton, project coordinator, at vhoughton@divisionsbc.ca or 250-213-5836 (cell).

8. Save the Date - Division Family Holiday Party

Division members and their families are invited for a fun filled **afternoon on Saturday, December 5** at the Windsor Park Pavilion. There will be food, crafts, a face painter, and more. Please mark your calendars. Invitation and details to come.

News and events

9. Update for Dr. Bao Tang

Just a friendly reminder that Dr. Bao Tang is available for general surgery. He no longer offers bariatric surgery. Referrals can be faxed to Dr. Tang at 250-220-8926.

10. Faculty Development Opportunities through Island Medical Program

The following sessions are open to family physicians. For questions or more information, please contact Ashley McKay at facdev@uvic.ca or view the website [here](#).

IMP Advanced Teacher Program Fall 2015 Medical Education Day

Date: October 17, 2015

Registration/Breakfast: 8:00 – 8:30 am

Workshops: 8:30 am – 3:30 pm

Venue: University Club of Victoria, UVic

Register for this session at: http://fluidsurveys.com/s/IATP_MedEddays/

The Student in Difficulty

Date: October 20, 2015

Time: 6:00 pm - 8:00 pm (dinner at 5:30 pm)

Venue: Medical Sciences Building (MSB), UVic Room 150

Register for this session: <http://fluidsurveys.com/s/ITPworkshopsfall2015/>

Teaching Clinical Reasoning

Date: November 9, 2015

Time: 6:00 pm - 8:00 pm (dinner at 5:30 pm)

Venue: Medical Sciences Building (MSB), UVic Room 150

Register for this session: <http://fluidsurveys.com/s/teachingclinicalreasoning/>

IMP Advanced Teacher Program Winter Medical Education Day & Celebration

Date: November 28, 2015

Registration/Breakfast: 8:00 – 8:30 am

Workshops: 8:30 am – 2:30 pm

Celebration: 2:30 pm – 3:00 pm

Venue: University Club of Victoria, UVic

Register for this session: http://fluidsurveys.com/s/IATP_MedEddays/

Get involved

11. For MOAs – Flu Vaccination Clinic Tips and Tricks

Flu season is fast approaching! This year's Flu Vaccination Campaign launches on October 19. Medical Office Expert, Robin, from Sooke, has developed a handy guide about how best to prepare for flu shot clinics. Read more [here](#).

12. Get Ready to ShakeOut!

On October 15, officially "ShakeOut BC Day," millions of people worldwide will practice how to Drop, Cover, and Hold On at 10:15 am during Great ShakeOut Earthquake Drills!

You can join by [registering](#) for the 2015 Great British Columbia ShakeOut.

Participating is a great way for your family or organization to be prepared to survive and recover quickly from big earthquakes – wherever you live, work, or travel.

Recruitment and retention

13. Practice Coverage Forms

Going away on holiday? Retiring and looking for someone to take over your practice? Our practice coverage forms are now posted on our [Career Resources page](#) for those seeking

permanent and locum physicians. If you already have a copy of our practice coverage forms, please ensure that you have our most up-to-date forms.

14. Permanent and Locum Physician Opportunities

Permanent and locum physician opportunities are posted regularly on our website. Click on the links below to view all of the available positions.

[Permanent - GP Offices](#)

[Permanent - Walk-in Clinics](#)

[Locum - GP offices](#)

[Locum - Walk-in Clinics](#)

15. Are you Looking for an MOA?

Both physicians and MOAs have asked for the ability to advertise positions through the division. In response to these requests, the Practice Support Strategy under the Victoria Division's A GP for Me initiative has developed an MOA job posting form and process.

If your office is looking for a medical office assistant, click [here](#) for the MOA job submission form and instructions on how to submit your posting.

TIP for submitting the form by email: 1. save the blank form to your computer first, 2. complete the form and save with Adobe Reader, 3. attach and email.

Your posting will appear in the Careers Section of the Victoria Division of Family Practice website. If you have any questions or concerns, please contact Leslie Rogers-Warnock, MOA & Physician Support Coordinator at lrogerswarnock@divisionsbc.ca.

Reminders

16. Changes to the way the Division is Providing CME

Starting in September there is a change to how the VDFP is distributing Mainpro M1 credits. The Dine and Learn series will continue to be accredited for two Mainpro M1 credits per session and certificates will be given to participants at these events. For working/project groups/steering committees, certificates will no longer be issued. Physicians are encouraged to keep track of their participation in working/project groups/steering committees as part of the 75 non-certified credits allowed in a five year period (based on one credit per learning hour). For more information click [here](#). It remains the physician's responsibility to submit the certificates and other participation to CCFP. For more information on reporting your credits, click [here](#).

17. Drop-in to the Monthly Division PRN Pub Night – Kick-off Wednesday, October 14

Join some fellow family physician members of the division for a friendly drop-in & chat over happy hour at Canoe Brew Pub, 450 Swift St (behind Chintz & Company) from 5-7pm on the **2nd Wednesday of the month, starting on Wednesday, October 14th**. There will be a few appetizers to snack on but you'll be responsible to BYOB (buy your own brew). For the inaugural pub night, the wearing of festive Oktoberfest attire is encouraged. We look forward to seeing you there!

18. CME on the Run 2015 – 2016

<http://ubccpd.ca/course/CME-On-the-Run-2015-2016>

Date: Friday Afternoons- Next session is November 6, 2015 (Pediatric & Adolescent)

Location: VGH (Vancouver) and Various Videoconference Sites

Credits: 3.5 credits per session

Register: <https://events.ubccpd.ca/website/index/110514>

Topics:

1. November 6, 2015 (Pediatric & Adolescent)
2. December 11, 2015 (Dermatology & Allergy)
3. February 5, 2016 (Internal Medicine)
4. April 8, 2016 (Infectious Disease & Travel)
5. May 6, 2016 (MSK, Sports & Rheumatology)

19. Oncology CME Webcasts

Malignant Melanoma: Insight for Primary Care

Date: October 15, 2015

Time: 8am to 9:00 am

Presenter: Dr. Sanjay Rao of the BC Cancer Agency Centre for the Southern Interior

Ovarian Cancer: Primary Care Update

Date: November 19

Time: 8am to 9:00 am

Presenter: Dr. Anna Tinker of the BC Cancer Agency Vancouver Centre

The Family Practice Oncology Network hosts nationally accredited monthly oncology CME Webcasts with the University of British Columbia's Division of Continuing Professional Development. These complimentary sessions are accredited by the College of Family Physicians of Canada for one Mainpro M1 credit each.

Register for these Webcasts [here](#). All Webcasts are recorded and available at www.fpon.ca. Family physicians have the option to earn two Mainpro C credits by taking part in the College's [Linking Learning to Practice](#) initiative.

20. COPD Group Learning Session

Date: October 29, 2015

Time: 8:00 – 10:00am or 2:00 – 4:00 pm

Location: Comfort Inn & Suites, 3020 Blanshard Avenue, Victoria

In partnership with Island Health and the Divisions of Family Practice, the Regional Support Program (RSP) is hosting two COPD learning sessions for family physicians on October 29, 2015. You may attend the morning session (8:00 – 10:00am) or the afternoon session (2:00 – 4:00 pm). Registration for each session is limited to 50 physicians. Please note that if you have participated in our COPD & HF module in the past, you are still eligible to attend this learning session.

The speakers for the session are Dr. John Reid (Respirologist) and Dr. Frank Egan (Family Physician and GP Champ for the COPD & HF Module). CME credits and payment (GPs reimbursed at \$124.54/hr) for attending will be provided.

An RSVP form can be found [here](#); please return it to Yula Stevens at your earliest convenience. A registration confirmation email will be sent upon receipt of your RSVP.

In spring 2016, a follow up COPD learning session will also be offered (date to be determined) for registrants to discuss the impact of evidence-based COPD interventions in practice.

21. Two Prime Opportunities for Oncology CME – 10 Mainpro M1 Credits

The BC Cancer Agency's Family Practice Oncology Network is presenting two back-to-back oncology CME opportunities this November:

- November 20 – Oncology Imaging for Primary Care; and
- November 21 – Family Practice Oncology CME Day.

Both will take place at the BC Cancer Agency Research Centre in Vancouver.

These events will provide all practical information covering the most in-demand cancer care topics and enhancing the care you provide. Registration and full details are available [here](#).

In every issue

22. Encourage Your Colleagues to Join the Division

We encourage all members to promote the Division with their colleagues and encourage them to join us. The closer we are to 100% enrollment, the more we ensure we're representing the family practice community. Applications can be submitted online through the Division's [website](#).

23. Like us on Facebook!

The VDFP facebook page is another way to engage with the Division and be part of the family practice community in Victoria. [Have a look](#) and please like us!

24. Seeking Contributions for Next Edition of NewsFlash

The next edition of NewsFlash is coming on or about October 27, 2015. Do you have news or announcements you would like to share with your colleagues? We welcome your feedback and contributions to the Division. Please e-mail information to victoria@divisionsbc.ca or fax to 1-250-597-8469.