Non-Verbal Communication Skills for Educators

Presented by Dr. Jason Cressey, PhD

This practical workshop explores advanced techniques in Non-Verbal Communication (NVC) – commonly referred to as ‘body language’. Building on the non-verbal topics covered in previous sessions (though attendance at those is not a pre-requisite for this course), topics will include the communicative impact of facial expression, oculesics (eye contact), kinesics (gesture) and proxemics (body position). As well offering lots of practical activities for participants to become better non-verbal ‘decoders’ (to ‘read’ the non-verbals of students), the workshop will place great emphasis on exploring ways in which Faculty members can develop their professional skills by becoming ‘encoders’ (sending effective non-verbal cues to students), as well as exploring the impact that some elements of nonverbal behaviour have on personal mood and energy levels.

Saturday, October 21st, 2017
Breakfast and Registration: 8:30 – 9:00 am
Workshop: 9:00 am – 3:00 pm
University Club, UVic campus

Register Now!

Following the workshop, participants will be able to:

- Identify the different types of smiling and the impact on both the sender and the receiver
- Define the subtle non-verbal cues of chronemics (speed of movement)
- Recognize the importance of transitions between non-verbal cues and combinations of body language traits
- Use oculesics (eye contact) to enhance the ‘punctuation’ of message delivery
- Define communicative physiology (e.g. breathing rate) and its impact
- Identify skills from non-verbal research that can assist in: emphasizing a point, motivating a quiet learner and even quieting a dominant student
- Articulate ways to show passion, connection, interest in students and, where necessary, signal clear non-verbal boundaries

Jason Cressey earned his PhD in Social Psychology from Oxford University, UK, specialising in the fields of non-verbal communication and emotional intelligence. He instructs a variety of Leadership and Communication Courses for the Justice Institute of BC, as well as UVic’s Department of Educational Psychology and Leadership Studies and their Continuing Studies branch. He also operates his own consultancy - Motivation in Mind - offering corporate seminars and training, and he coaches clients around the world. He has appeared on both CTV and BBC television, as well as CBC TV and Radio, discussing his work in the field of psychology, and has also published a book on the role of mythology in the psychology of modern-day life.