FAD or FACT: Current Controversies in Nutrition

- The facts on fat: lose it or love it?
- Getting to the “meat” of the issue: the debate over red meat
- Hold the gluten: from gluten sensitivity to Celiac Disease
- Nutritional supplements: “Hey, Doc – should I be taking this?”

Join students Amy Kim, Ciaran Galts, and Nick Slater of the Island Medical Program and Marina Parvanova of UVic’s Health Advocacy Club in an open conversation about health and nutrition.

Thursday, March 15, 2018 @ 6:00 – 8:00pm
Medical Sciences Building, Room 150
University of Victoria

Light refreshments will be served.
This is the latest in a series of medical student presentations.
For more information, contact Dr. Jane Gair @ jgair@uvic.ca.